



CROSS-COUNTRY OLYMPIC (XCO)

- THE 2021 NATIONAL CHAMPIONSHIPS CROSS-COUNTRY OLYMPIC (XCO) COURSE UTILISES A SERIES OF NEW AND EXISTING SECTIONS OF TRAIL ON THE LOWER HALF OF THE HILL AT MAYDENA BIKE PARK.
- THE 4.9KM COURSE IS CHARACTERISED BY TWO TWO CLIMBS AND DESCENTS THAT ARE DESIGNED TO CHALLENGE RIDERS' FITNESS AND TECHNICAL ABILITY.
- THE START AND FINISH OF EACH LAP WILL BE LOCATED AT THE BOTTOM OF THE COURSE IN THE OVAL.

CLIMB 1

- THE FIRST CLIMB WEAVES ITS WAY UP TO APPROX. 350M ABOVE SEA LEVEL BEFORE DESCENDING THROUGH A FAST AND FLOWY MIX OF TRAILS.

CLIMB 2

- THE SECOND CLIMB TAKES RIDERS ALL THE WAY UP TO APPROX. 500M ABOVE SEA LEVEL BEFORE DROPPING RIDERS DOWN INTO THE TECHNICAL 'TINDER' TRAIL.

TEAM / RIDER SUPPORT

FEED ZONE / MECHANICAL SUPPORT

- THE DESIGNATED FEED ZONE AND MECHANICAL SUPPORT IS LOCATED AT THE BASE OF THE FIRST DESCENT AND ALLOWS RIDERS TO RE-STOCK FOOD / WATER BEFORE STARTING THE SECOND CLIMB.

Course Elevation Profile

