

2022 AUSCYCLING MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS



DOWNHILL

CROSS COUNTRY

PUMP TRACK

EVENT GUIDE





W elcome

MAYDENA AND AUSCYCLING ARE PROUD TO BRING THE 2022 AUSCYCLING NATIONAL CHAMPIONSHIPS TO MAYDENA BIKE PARK FOR ITS SECOND YEAR.

Playing host to the XCO, XCC, XCR, DHI and Pumptrack National Championships from the 14th to 20th of February, 2022. Maydena's world class trail network features two specially designed race courses for the Downhill and XC championships.

CONTENTS

PARTICIPANT INFORMATION	4
EVENT & VENUE INFO	20
SCHEDULE	26

PARTICIPANT INFORMATION



OVERVIEW

REGISTRATION

Online registrations for the 2022 AusCycling MTB National Championships close on Feb 9th 11:59pm. There will be no late entries.

AGE CLASSIFICATION

Riders are classified by the age they will be at the 31st December 2022 (Minimum age 11).

UPLIFT PASSES

If you are riding the week leading up to the event, the best bang for buck pass option is the multi-day passes for the uplift service. All event entries will include a mountain pass that allows riders access to the climbing trail network for the duration of the event.

MEDICAL SERVICES

Medical Services will be provided throughout the event by Maydena. Medical will be located within the MBP Base Building.

TIMING

Timing Services are provided by AusCycling. Live results can be found at: www.auscycling.org.au/nat/events/MTB-Maydena2022

RACE PLATES / START ORDER

Allocation of race plates is undertaken upon the close of online registrations.

Race plate order will be based on:

UCI Categories (Elite, U23, U19):

1. As per the last published UCI XCO Individual Ranking,
2. All other riders by drawing lots.

Other Categories:

- XCC racing results will determine start order

U13 CATEGORIES

U13s retain National Championship status in 2022, catered for at the AusCycling 2022 MTB National Championship with races providing

Championship jerseys, titles and medals across all disciplines

In addition, in keeping with the initiatives started in 2020 there will be a number of added activities for U13s at Maydena 2022 including coaching and education opportunities provided for riders and parents.

Race courses will be modified to reflect the Guidelines on Junior Participation and racing, limiting race time and difficulty of terrain to maintain appropriate safety and reflect rider stage of development .

At Maydena 2022 the following U13 events will be offered :

- U13 XCR (Cross Country Relay) Race
- U13 XCO (Cross Country Olympic) Race
- U13 XCC (Cross Country Short Circuit) Race
- U13 DH (Downhill) Race
- U13 PUM (Pump Track) Race
- Free U13 XC coaching clinics
- Free U13 DH coaching clinics

HELMET REQUIREMENTS

All riders are expected to wear a compliant helmet at all times whilst on their bike.

This applies during competition, practice and when commuting to and from their events.

Downhill riders must wear a full-faced helmet meeting AS2063 or equivalent standard.

Bicycle helmets that satisfy current Australian or equivalent international standards are compulsory in all AUSCYCLING sanctioned events. Helmets must be fastened at all times whilst on a bicycle. Helmets must be in good condition and fit for purpose. All helmets must be compliant as determined by the presence of an appropriate compliance sticker.

To ensure all riders comply with the regulations, and their helmet meets current safety standards, helmets may be inspected by a Commissaire at any time throughout the duration of the event.

SAFETY EQUIPMENT

Per AUSCYCLING Technical Regulations the following safety equipment is required for Downhill :

- Full-face helmet with a fixed non-detachable mouth piece,
- A jersey or shirt covering the elbows must be worn as a minimum. 3/4 length jerseys are acceptable,
- Knees must be covered by full-length trousers and/or self-fastening knee or knee/shin guards expressly designed for off-road cycling.

For Under 13/15/17 categories, the following equipment is mandatory at all times whilst on track:

- Full-finger gloves must be worn,
- Full-length jersey - jersey must cover elbows at all times,
- Knee pads and elbow pads must be worn.

AUSCYCLING strongly recommends the use of the following:

- Neck brace expressly designed for off-road cycling,
- Back and shoulder protection expressly designed for the purpose,
- Full finger gloves,
- Elbow protectors and/or long sleeve jersey to the wrist,
- Goggles expressly designed for the purpose.

ELIGIBILITY

All participants in cycling events shall hold a current AusCycling membership and UCI ID. First-time membership applicants may be required to provide proof of date of birth. All members shall produce proof of membership when asked to do so.

The 2022 AusCycling MTB National Championships cater for riders of all ages and abilities , from the sport's elite to the social and weekend riders who are out to test their skills at one of the most challenging parks in the country.

The 2022 AusCycling MTB National Championships are declared as a "Domestic Championship" and thus only competitors, who are members of AusCycling, shall be eligible to compete.

Entrants in UCI registered Domestic Championship categories (Elite, U23, U19) must be:

1. Australian citizens as registered with the UCI;

Entrants in non-UCI registered Domestic Championships must be:

1. Australian citizens who are a current AusCycling racing member or hold a licence of another UCI affiliated nation with an 'AUS' international designation; or
2. Non-Australian Citizens under the age of 18 who have resided in Australia since 1 January of the year of competition and hold a valid AusCycling Racing Membership.

CODE OF CONDUCT

AusCycling expects appropriate behaviour from all riders and spectators at the AusCycling National Championships. The full Code of Conduct is available on the AUSCYCLING website.

DOPING CONTROL

The Australian Sports Anti-Doping Authority (ASADA) has been notified of this event, and may conduct random testing during the 2021 AUSCYCLING National Championships. Doping control facilities will be located within close proximity to the event village.

JERSEY RULES

Champion titles and jerseys expire on the morning of that championship in the following year. This means no rider shall wear a National Champion jersey until the completion of the event .

PRESENTATIONS

Presentations will occur after each block of racing as per the event schedule. Riders who have podiumed (1st - 3rd) must attend presentation. In all Elite categories, the top five riders are required for presentation.

Presentations will take place within the main event village. XCC presentations will occur on course proceeding race completion.



COVID SAFE ARRANGEMENTS

CHECK-IN TAS

Tasmanians and visitors are required to use the Check in TAS app when they visit the venue. Download the Check in TAS app to your smartphone, enter your details and simply scan the QR code on display. If you don't have a suitable device, someone else from your group can check in for you or the venue can check you in.

FULLY VACCINATED EVENT AND VENUE

In reviewing the latest Tasmanian government requirements for businesses/events, Maydena Bike Park has determined that a number of areas of our business will require adult customers and staff to be double vaccinated for COVID 19.

MASK REQUIREMENTS

Masks will be required for all customers over 12 years old in all areas of our venue and event village except whilst riding. Face masks help protect you and the people around you from the spread of infectious droplets.

KEEP HANDS CLEAN

Wash your hands often with soap and warm water. Use alcohol-based hand sanitiser when out and about. The trick is to make sure you do it several

times a day especially before and after eating, when you arrive at, or leave a venue and as soon as you return home.

PHYSICAL DISTANCING

Stay at least 1.5 metres away from others whenever practical. The more space there is between you and other people, the harder it is for the virus, and germs generally, to move from one person to another.

STAY HOME IF SICK

Stay at home if you are unwell and always cover coughs and sneezes. COVID-19 spreads when people are unwell and don't take self-isolation seriously. If you feel sick, even with mild symptoms, stay at home and get a test.

SYMPTOMS? GET TESTED

Get tested for COVID-19 if you have any cold or flu-like symptoms, no matter how mild. Fast detection of COVID-19 cases in Tasmania will prevent further spread in the community. It's important to still get tested, even if you are fully vaccinated against COVID-19.



DOWNHILL

RACING DOWN THE PURPOSE-BUILT NATIONAL CHAMPIONSHIPS DOWNHILL COURSE.

The course combines fast, open speedway sections with wide, off-camber tech. Riders descend 400m in elevation, over a 3–4-minute race run. With the course combining fast, open speedway sections and wide, off-camber technical sections, riders will need to stay sharp to take the win. Test yourself against Australia's best downhill riders on our world-class downhill course!

// INCLUDED WITH ENTRY

- Race Entry
- Event entry includes shuttles for **seeding run only on the Saturday February 19th and all day Sunday February 20th**, all other shuttles must be booked prior to arrival at the venue. This allows riders the best value for money and the ability to customise their practice uplift schedule.

// RACER INFORMATION

- When booking practice uplifts use the code **"DHNATS22"** to receive a discount on any multi-day or single day uplift pass (This is to account for seeding runs on Saturday February 19th which are included with entry). If you wish to ride the track every day it is open simply book a 4-day uplift starting Wednesday with the discount code "DHNATS22".
- The racecourse will be open for practice from Wednesday February 16th - Sunday February 20th.
- Age categories are determined by the age of the entrant on the 31st of December 2022 (Minimum age 11)
- If you are riding the week leading up to the event, the best bang for buck pass option is the multi-day passes. Multi-day Uplift passes can be booked [here](#)
- ENTRIES CLOSE Feb 9th 11:59pm



DH TRAIL MAP

RACING DOWN THE PURPOSE-BUILT NATIONAL CHAMPIONSHIPS DOWNHILL COURSE.

The Maydena downhill course is designed and constructed by Dirt Art specifically for the 2021 AusCycling Downhill National Championships.

The purpose-built course is a culmination of what Maydena has become renowned for in terms of challenging riders with its highly variable terrain.

Starting from the midline, the course begins with a fast flow section, which quickly transitions into a series of steep and technical sections with multiple line choices for racers. The lower half of the track switches gears with faster sections interlinked with a series of larger bike park style features.

The downhill track can be accessed via the two uplift options described below.

// UPLIFT OPTIONS

OPTION 1: MIDLINE DROP-OFF

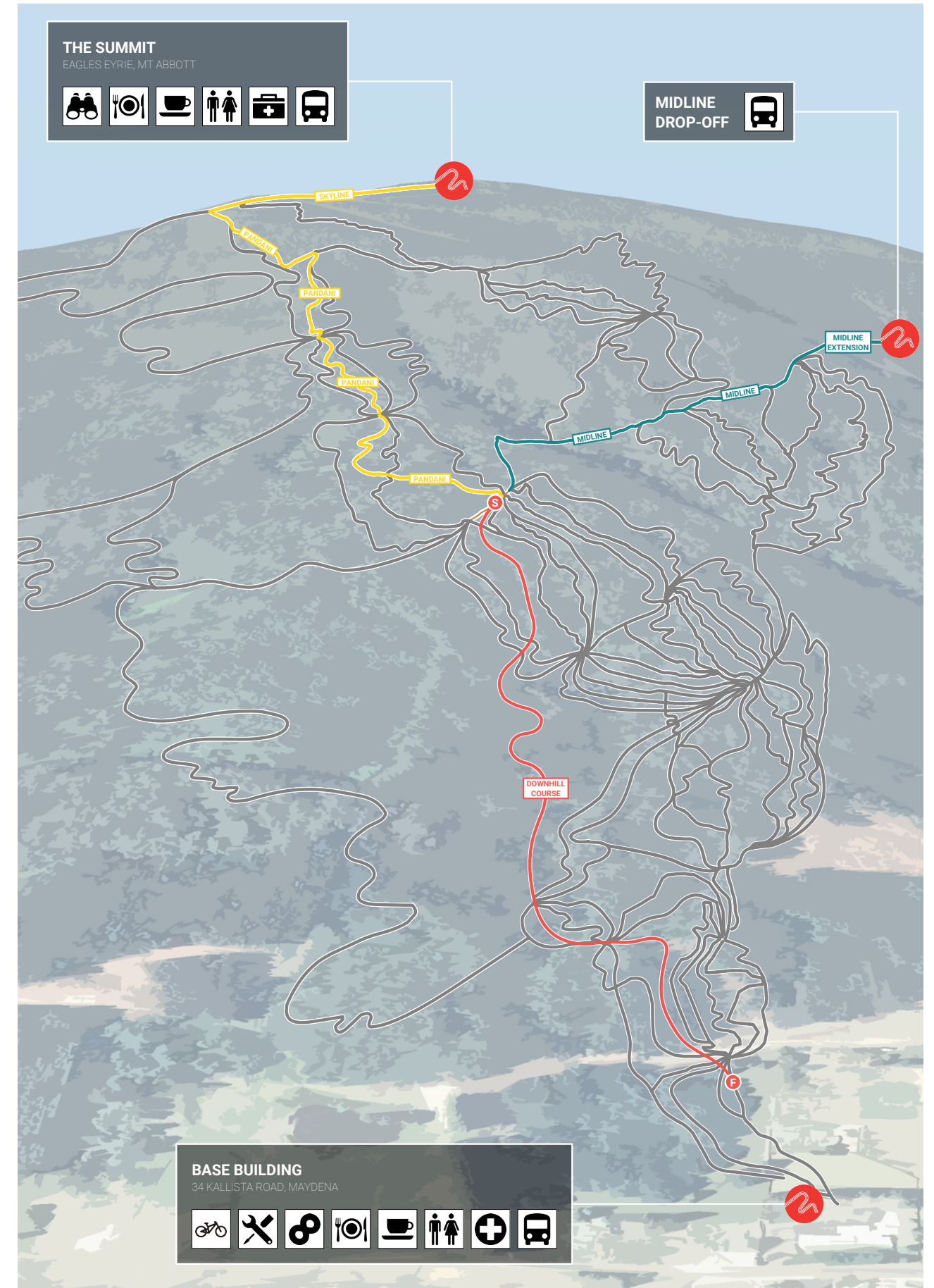
The midline shuttle drop-off option is the quickest and easiest way to get to the start of the downhill course.

- The duration of the shuttle is approx. half the time of option 2.
- Riders will pedal across the midline trail, which is predominately flat but has some short climbs that are easily negotiated - even on a downhill bike.
- Option 1 represents the best option for riders wanting to fit in as many practice laps as possible

OPTION 2: SUMMIT DROP-OFF

The summit drop-off option is the alternate way to get to the start of the downhill course.

- The duration of the shuttle is significantly longer than option 1 - approx. double the time.
- We recommend riders utilise the Skyline and Pandani trails as the most direct and easiest way to get to the start of the downhill course.
- Option 2 is best suited to riders that want a warm up on descending trails as opposed to pedalling across from midline.



XCO

Competing on a refreshed version of last years National Championships course, the track will combine steep and technical climbs with challenging descents designed to be demanding, and test Australia's best XC riders.

// INCLUDED WITH ENTRY

- Race Entry
- All event entries include a Mountain Pass (climbing access only) for the duration of the event.

// RACER INFORMATION

- The racecourse will be open for practice during the time defined in the Event Schedule.
- Age categories are determined by the age of the entrant on the 31st of December 2022 (Minimum age 11)
- If you are riding the week leading up to the event, the best bang for buck pass option is the multi-day uplift passes. Multi-day passes can be booked [here](#)
- ENTRIES CLOSE Feb 9th 11:59pm



XCC

// INCLUDED WITH ENTRY

- Race Entry
- All event entries include a Mountain Pass (climbing access only) for the duration of the event.

// RACER INFORMATION

- The racecourse will be open for practice during the time defined in the Event Schedule.
- Age categories are determined by the age of the entrant on the 31st of December 2022 (Minimum age 11)
- If you are riding the week leading up to the event, the best bang for buck pass option is the multi-day uplift passes. Multi-day passes can be booked [here](#)
- ENTRIES CLOSE Feb 9th 11:59pm



XCR

// RACER INFORMATION

IMPORTANT INFORMATION BEFORE COMPLETING AN ONLINE REGISTRATION FOR CROSS-COUNTRY TEAM RELAY NATIONAL CHAMPIONSHIP

NATIONAL CHAMPIONSHIPS – CROSS COUNTRY TEAM RELAY

- 1) At the 2022 AusCycling National Championships, a Team Relay will be run. Teams will consist of four riders of the following make-up:
 - a. One rider aged under 19 at the eligibility date;
 - b. One rider eligible to compete in a Masters 3 or higher category at the 2022 Aus Cycling Cross-Country National Championships – that is, aged 40 or over at the eligibility date;
 - c. One rider eligible to compete in a women's category at the 2022 Aus Cycling Cross-Country National Championships;
 - d. One rider on which there are no restrictions ('Open').
- 2) A rider filling the criteria of points 1 (a) or 1 (b) may not be entered in an Elite XCO category.
- 3) Where an individual meets more than one of the above criteria, they may only consider one criterion as being satisfied. A distinct different individual must fill the role of each criterion.
- 4) The team relay will have each rider complete a single lap, for a total race distance of four laps per team.
- 5) When riders transition, they must make physical contact to 'tag' the next rider to begin a lap. If this is not possible, or might cause a potential accident from needing to cut across to the other side of the track, the next rider out may be considered 'tagged' if the transitioning riders are both stationary and level such that no advantage is deemed to be received.
- 6) AusCycling will facilitate the formation of teams at the event for riders who wish to ride, but have been unable to find a complete team.



PUMPTRACK

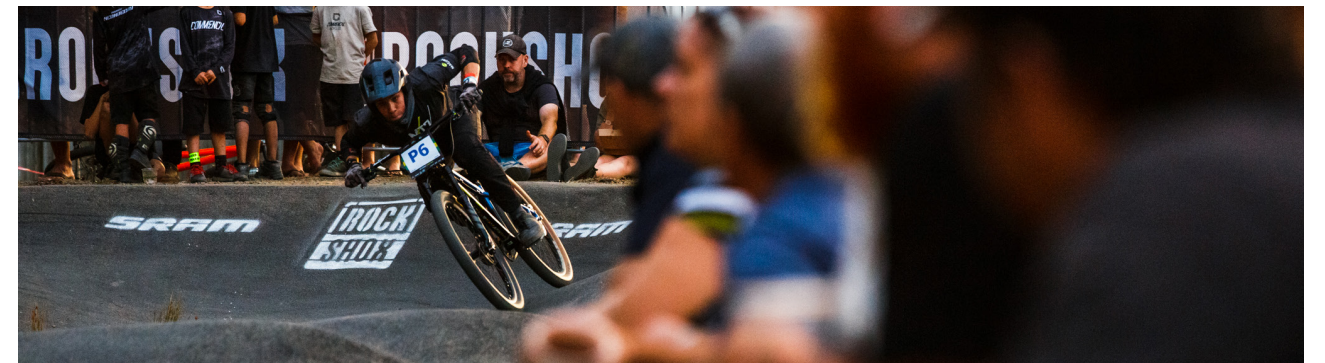
Taking place on the Friday evening this event is not just one for the racers, featuring music and beer garden which will be a great opportunity to mingle with the race crowd and enjoy some action packed racing on our asphalt pump track located in the Rockshox Beer Garden.

// INCLUDED WITH ENTRY

- Race Entry
- All event entries include a Mountain Pass (climbing access only) for the duration of the event.

// RACER INFORMATION

- The racecourse will be open for practice during the time defined in the Event Schedule.
- Age categories are determined by the age of the entrant on the 31st of December 2022 (Minimum age 11)
- If you are riding the week leading up to the event, the best bang for buck pass option is the multi-day uplift passes. Multi-day passes can be booked [here](#)
- ENTRIES CLOSE Feb 9th 11:59pm



XCO TRAIL MAP

RACING AROUND THE PURPOSE-BUILT NATIONAL CHAMPIONSHIPS COURSE.

- The 2022 national championships cross-country olympic (XCO) course utilises a series of new and existing sections of trail on the lower half of the hill at maydena bike park.
- The course utilises two new climbing trails built specifically for the event.
- The 4.4km course is characterised by two climbs and descents that are designed to challenge riders' fitness and technical ability.
- The start and finish of each lap will be located at the bottom of the course.

CLIMB 1

- The first climb weaves its way up to feed zone 356m above sea level before descending through a fast and flowy mix of trails.
- This climb is the shorter of the two loops with an easiser descent back down to the feed zone / mechanical support area.

CLIMB 2

- The second climb takes riders all the way up to 444m above sea level before dropping riders down into the technical 'tinder' trail.
- This loop will challenge riders equally in both the climb as well as the technically-demanding descent.

2022 National Championships - XCO - Maydena Bike Park

COURSE OUTLINE

CROSS-COUNTRY OLYMPIC (XCO)

- THE 2022 NATIONAL CHAMPIONSHIPS CROSS-COUNTRY OLYMPIC (XCO) COURSE UTILISES A SERIES OF NEW AND EXISTING SECTIONS OF TRAIL ON THE LOWER HALF OF THE HILL AT MAYDENA BIKE PARK.
- THE COURSE UTILISES TWO NEW CLIMBING TRAILS BUILT SPECIFICALLY FOR THE EVENT.
- THE 4.4KM COURSE IS CHARACTERISED BY TWO CLIMBS AND DESCENTS THAT ARE DESIGNED TO CHALLENGE RIDERS' FITNESS AND TECHNICAL ABILITY.
- THE START AND FINISH OF EACH LAP WILL BE LOCATED AT THE BOTTOM OF THE COURSE.

CLIMB 1

- THE FIRST CLIMB WEAVES ITS WAY UP TO 356M ABOVE SEA LEVEL BEFORE DESCENDING THROUGH A FAST AND FLOWY MIX OF TRAILS.
- THIS CLIMB IS THE SHORTER OF THE TWO LOOPS WITH AN EASIER DESCENT BACK DOWN TO THE FEED ZONE / MECHANICAL SUPPORT AREA.

CLIMB 2

- THE SECOND CLIMB TAKES RIDERS ALL THE WAY UP TO 444M ABOVE SEA LEVEL BEFORE DROPPING RIDERS DOWN INTO THE TECHNICAL 'TINDER' TRAIL.
- THIS LOOP WILL CHALLENGE RIDERS EQUALLY IN BOTH THE CLIMB AS WELL AS THE TECHNICALLY-DEMANDING DESCENT.

TEAM / RIDER SUPPORT

FEED ZONE / MECHANICAL SUPPORT

- THE DESIGNATED FEED ZONE AND MECHANICAL SUPPORT IS LOCATED AT THE BASE OF THE FIRST DESCENT AND ALLOWS RIDERS TO RE-STOCK FOOD / WATER BEFORE STARTING THE SECOND CLIMB.

BASE BUILDING
34 KALLISTA ROAD, MAYDENA

Course Elevation Profile

DHI - KIDS RACE

MAYDENA SIGNATURE EVENT

The Kids DHI Race is the perfect chance to have your young rider get introduced to racing in a fun and friendly environment.

The kids race down Scandanavia and Tyenna, working their way through big flowing berms and rollers. Utilising our midline shuttle drop off they will be able to practise in the morning to make sure they are feeling familiar and confident on the trail.

Riders will have the option of a parent or guardian to ride with them throughout practice and the race.

// INCLUDED WITH ENTRY

- Race Entry
- Shuttles to the midline drop-off from 0930 - 1230
- Uplift for 1 parent to accompany child included

// RACER INFORMATION

- **Course:** Keep it Natural > Scandanavia > Tyenna
- **Rider ability:** Intermediate
- **Categories:** U13, U11, U9, U7, U5

// SCHEDULE

0800 - 0900 - Rider check in
 0830 - 1000 - Practice
 1030 - 1115 - Racing
 1630 - Award Presentations @ Rockshox Beer Garden



XCO - KIDS RACE

MAYDENA SIGNATURE EVENT

The Kids XCO Race is the perfect chance to have your young rider get introduced to racing in a fun and friendly environment.

The kids race will utilise the XCC course throughout the village, giving young riders a chance to experience XCO racing amongst the there 2022 AusCycling National Championships.

Riders will have the option of a parent or guardian to ride with them throughout practice and the race.

// RACER INFORMATION

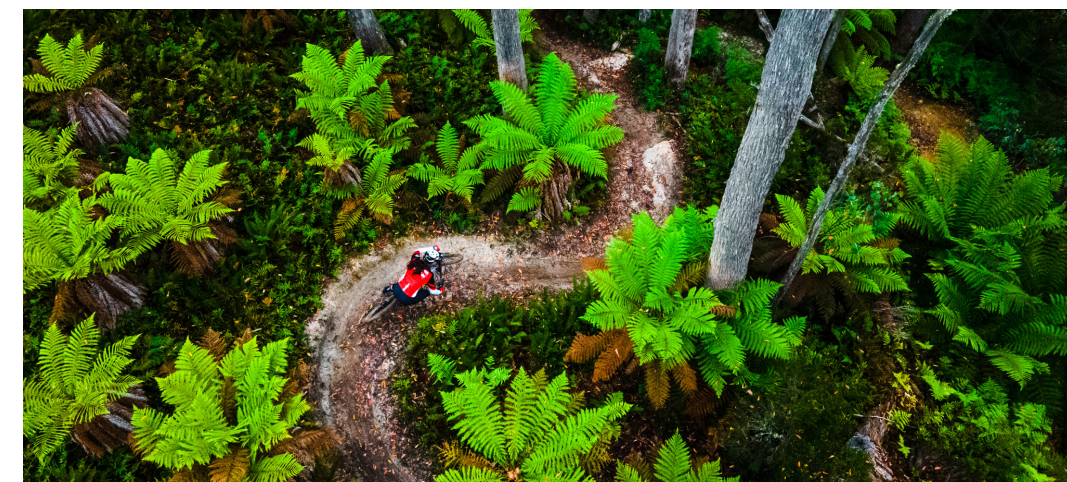
- **Course:** Course will utilise the XCC race course approximately 1km in length per lap
- **Rider ability:** Beginner - Intermediate
- **Categories:** U13, U11, U9, U7, U5

// SCHEDULE

0700-0800 - Practice
 0800 - 0830 - Rider check in
 0830 - 0915 - Racing
 1100 - Presentations @ Rockshox Beer Garden



EVENT & VENUE INFO



WORLD-CLASS TRAILS

MBP FEATURES SOME OF THE WORLD'S FINEST GRAVITY-BASED MOUNTAIN BIKE TRAILS. ICONIC WILDERNESS, IMMENSE ELEVATION, AND INCREDIBLE TRAILS

OVERVIEW

TRAIL NETWORK CLOSURES

With only minor closures over the weekend the majority of the hill will be open for riders to enjoy.

PIT SPACES

To enquire about pit space space, please fill out the form located [HERE](#)

TRANSPORT

There are a few options for transport from Hobart Airport. Rental cars or shuttles to the park are the most commonly used options.

You can view our preferred partners for shuttles and hire vehicles to the park [HERE](#) and you can check out [GETTING HERE](#) page.

BIKE SHOP

We will have qualified bike mechanics available all weekend for the event. As well as most replacement parts available in the shop.

If you require special or boutique parts, namely brake pads, please bring spare parts as we may not have all the various brands.

FOOD AND BEVERAGE

There will be a variety of food options out of the Canteen at the bike park, including healthy bowls, pizza, breakfast and sandwich options.

If you are planning to cook in your accommodations, your best bet is to stop in New Norfolk as you drive through and stock up on groceries for the weekend at Woolworths.

EVENT VILLAGE MAP

// UPLIFT QUEUE

The uplift queue for DH competitors can be accessed via the Team Pits and Expo Area.

// GUEST SERVICES

Our Guest Services team are here to help you with all the following:

- General Enquires
- Uplift Check-in
- Retail Services
- Merchandise

// EVENT REGISTRATION

See opening times on official event schedule. The AusCycling team can help with the following:

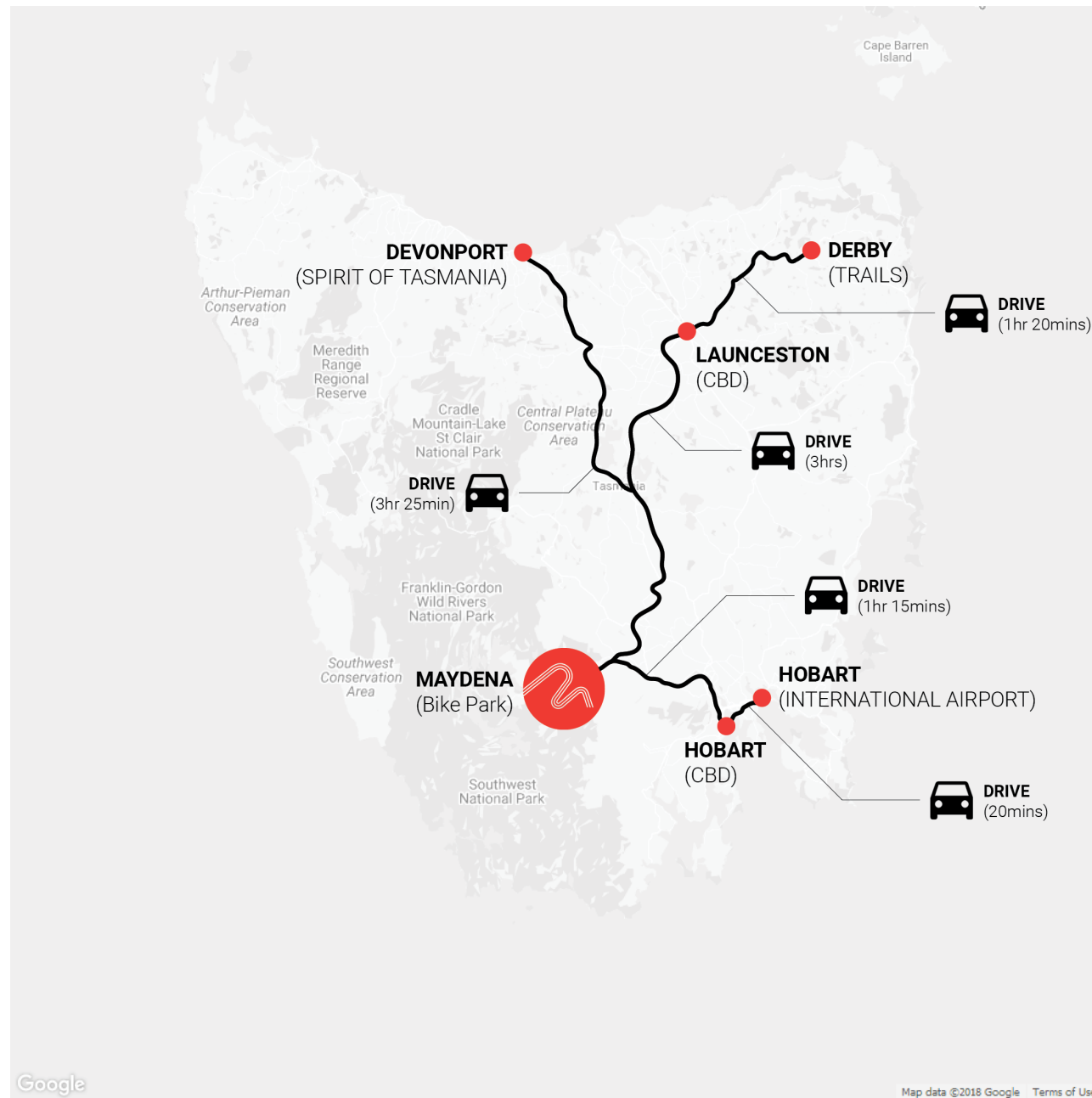
- Plate Collection
- AUSCYCLING Membership services





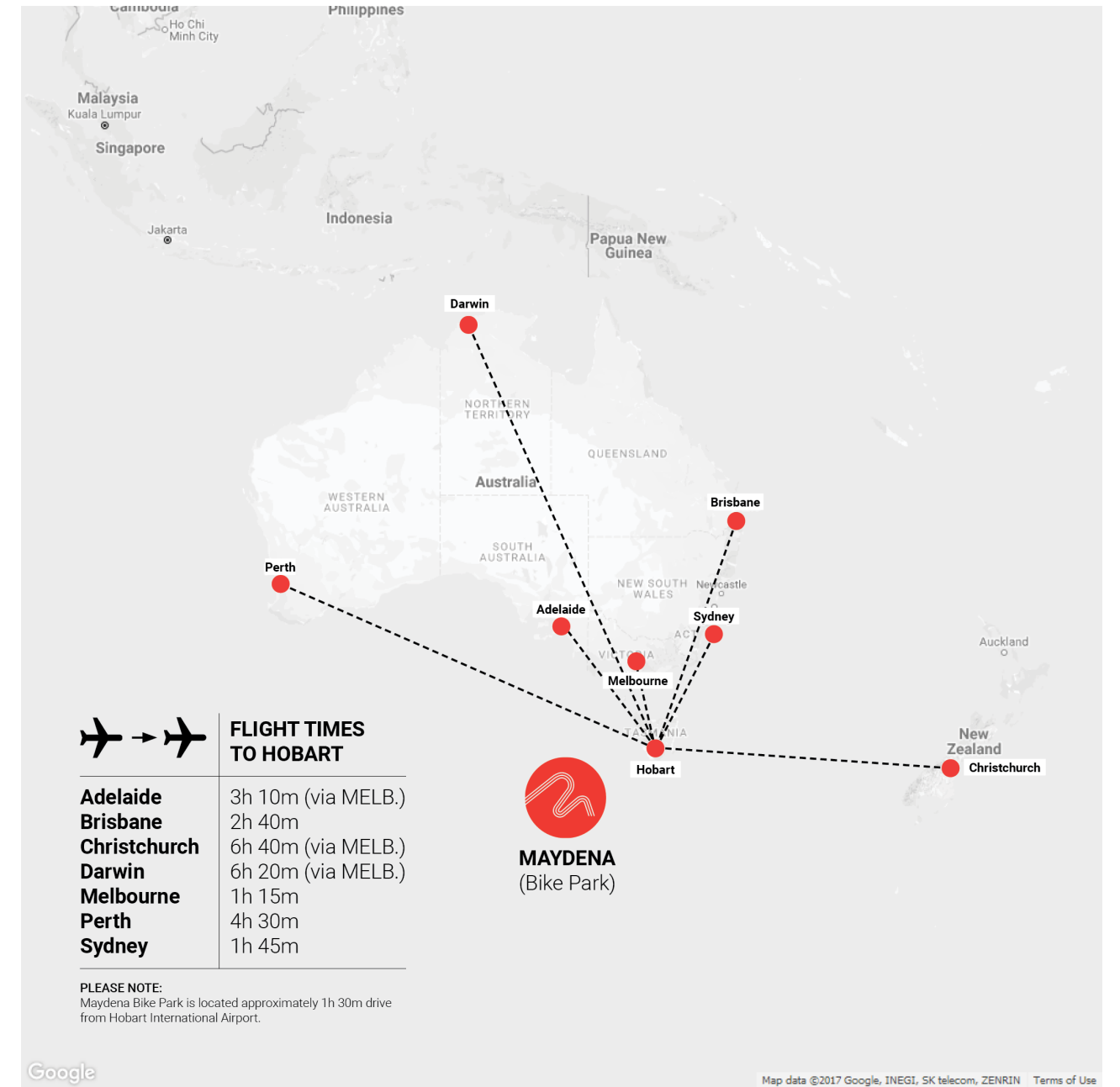
DRIVING HERE

MAYDENA BIKE PARK IS LOCATED 1HR 15MIN DRIVE FROM HOBART INTERNATIONAL AIRPORT, WHICH HAS VARIOUS FLIGHTS ARRIVING AND DEPARTING DAILY.



FLYING TO HOBART

FLIGHTS ARRIVE AND DEPART DAILY FROM HOBART INTERNATIONAL AIRPORT FROM ALL MAJOR DOMESTIC CARRIERS: VIRGIN AUSTRALIA, QANTAS, JETSTAR, AND TIGERAIR.



SCHEDULE



HIGHLIGHTS

// DH RACING

SUNDAY 1PM - 4PM

// XCO RACING

SATURDAY 8:30AM - 4PM

// XCC RACING

SUNDAY 11AM - 1PM

// XCR RACING

WEDNESDAY 4PM - 6PM

// PUMP TRACK PARTY

FRIDAY 4PM - 6PM



// FULL EVENT SCHEDULE



CAN BE VIEWED AT WWW.MAYDENABIKEPARK.COM/AUSCYCLING-NATIONAL-CHAMPIONSHIPS

CONTACT US

IF YOU HAVE ANY FURTHER QUESSTIONS, PLEASE CONTACT US.

// DETAILS

GUEST SERVICES

-  EMAIL
info@maydenabikepark.com
-  PHONE
1300 399 664

KEY CONTACTS

- Andy Miller** MTB Spt & Event Mgr
- John Davis** Event Co-Ordinator
- Dale Percy** GM - MTB Club Dev
- Jo Mackey** Media/Comms
- Bryce Dehn** Member Services/Media
- Craig Notman** Mgr Clubs, Comms & Spt Dev TAS
- Kipp Kaufman** AC Spt Mgr
- Rhys Ellis** Race Director
- Simon French** Technical Director
- Chris Sansom** Event Manager

MOUNTAIN BIKE AUSTRALIA 2022 NATIONAL CHAMPIONSHIPS

SCHEDULE - DAY 5 | FRIDAY FEBRUARY 18

Start Time	Finish Time	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	
Village Open	8:00:00 AM - 7:00:00 PM																														
XC: Practice - Dedicated U13 Coaching Clinic	8:00:00 AM - 9:00:00 AM																														
XC: Official Practice XCC, XCO	8:00:00 AM - 9:30:00 AM																														
Registrations Open	9:00:00 AM - 12:30:00 PM																														
DHI: Shuttles Operational	9:00:00 AM - 4:30:00 PM																														
DHI: Track Walk	9:00:00 AM - 9:30:00 AM																														
DHI: MTBA Development hosted Track Walk for Juniors & U13's	9:00:00 AM - 10:30:00 AM																														
DHI: Official Practice - Group B	9:00:00 AM - 1:00:00 PM																														
PT: Official Practice - Pump Track	10:00:00 AM - 11:30:00 AM																														
XCO Racing: Expert, Masters 1, 2, 3 & 4 Men	9:30:00 AM - 11:00:00 PM																														
DHI: *Official Practice - Group A	1:00:00 PM - 4:30:00 PM																														
XCO Racing: Masters 5 - 10 Men	11:30:00 PM - 1:00:00 PM																														
XCO Racing: Expert, Masters 1, 2, 3, 4, 5, 6, 7, 8, 9 & 10 Women	1:30:00 PM - 3:00:00 PM																														
Presentations: XCO Expert & Masters Men & Women	3:00:00 PM - 3:45:00 PM																														
PT: Official Practice - Pump Track	3:00:00 PM - 4:00:00 PM																														
XCO: Track Closed	5:00:00 PM																														
DHI: Track Closed	5:00:00 PM																														
PT: Pump Track Finals (All Categories)	4:00:00 PM - 6:00:00 PM																														
Presentations: Pump Track (All Categories)	6:00:00 PM - 6:30:00 PM																														

*DHI: Practice may be split into Groups A & B subject to rider numbers.
** Dedicated Coach for Under 13 Track Walk plus opportunity to register for additional coaching sessions throughout the event.



RIDE WITH US
maydenabikepark.com

1300 399 664

34-36 Kallista Rd, Maydena

